

# Supporting our Bees

**INNhotels** *Pollinator Seed Packs for Mother's Day*

Our modern way of life offers an incredible array of experiences and products. There is an unprecedented amount of information available and mind-bending technology on the horizon. With all the progress we have made we must not forget about the essential ways in which nature and this planet support that progress. Pollinators are essential to our food web. There is no point in fancy pursuits if we fail to keep intact the required life systems that support us.

Large companies oversee most of modern food production and they have a huge responsibility to educate themselves about the needs of pollinators. We can throw up our hands and say there is nothing we can do, but there is. From throwing marigold seeds in the cracks of the sidewalk to replacing your lawn with flowering ground cover there is action that anyone of us can take to create environments that help our pollinators thrive. Even doing less can help, as in leaving dandelions on your lawn as well as not cleaning up your yard until temperatures are a steady 10 degrees Celsius daily. These small actions could become a part of our culture if shared and enjoyed every year.

INNhotels honours the ones who support us by handing out flower seeds on Mothers Day each year. The seed mix is formulated by the highly regarded Canadian company West Coast Seeds who generously donates to our Bee Seed project! We all want to see your gardens grow so if you receive a seed package, send in pictures of yourself planting them for a chance to win a stay at one of our amazing locations, if you send us pictures of your full-grown flowers you will have another chance to win!!

In these times of fast paced progress, it is important and fulfilling to take the time to create supportive and beautiful environments, both for our pollinators and for ourselves. Take some time to support life and plant some flowers 🌸